

## **October Walking Times**

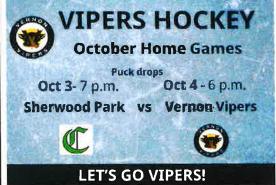
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	1	2	1	2	3	4
	6am - 10pm	6am - 10pm	6am - 10pm	6am - 10pm	6am - 5pm	6am - 4pm
5	6	7	8	9	10	11
6am - 10pm						
12	13	14	15	16	17	18
6am - 10pm						
19	20	21	22	23	24	25
6am - 10pm						
26	27	28	29	30	31	
6am - 10pm						



Schedule subject to change without notice Visit kaltireplace.ca







### VERNON RESIDENCY PROGRAM (VRP) RENEWAL

Validation open for Sept 2025 / August 2026

Vernon

Learn more:



#### **Vernon Farmers'** Market

Mondays & Wednesdays 8 a.m. - 1 p.m.



**Active Living Centre Opening Fall 2026** 

View live construction cams and stay up to date at vernonalc.ca





# Walking Etiquette

When using the facility for your walking convenience; please consider staff and other users while on the concourse. Here are a few simple guidelines to follow:

- 1. Share the concourse: DO NOT walk 3-4 abreast. When walking with a friend, be alert to others who need to get around you and maneuver into single file to allow them to pass easily.
- 2. Follow the given direction for the day. Direction arrows are posted on posts 'C', 'G' and 'E' for walking Inside or you may walk in the lower parking lot outside.
- 3. DO NOT walk right on the outer perimeter as the risk of collision is high. Doors open unexpectedly and no one wants to be injured.
- 4. Use proper waste receptacles for any wrappers or empty drink containers.
- 5. NO RUNNING IS PERMITTED

#### **DISTANCES:**

**INSIDE:** 1 Lap around the concourse = 800 feet 4 laps = 1 kilometer 7 laps = 1 mile

**OUTSIDE:** 4 laps around back half parking lot = 1 kilometer 1 lap around building & entire back parking lot = 1 kilometer

Management and Staff reserve the right to ask people to leave if not adhering to these guidelines.