



# Media Release

THE CORPORATION OF THE CITY OF VERNON  
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Vernon, BC  
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FOR IMMEDIATE RELEASE

DATE: July 27, 2017

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## **Vernon residents reminded to prepare for emergencies**

The City of Vernon is recommending to Vernon residents that each family prepare for any emergency, including the possibility of evacuation. Emergency preparation is always important, particularly in high-risk conditions such as the current hot, dry weather in the Okanagan. The evacuation orders near Monte Lake are a reminder that conditions can change quickly and having a plan and being prepared can save lives and property.

Don't count on being home when there's an emergency. In addition to having one at home, create grab-and-go bags for your work and vehicles that contain:

- Food (ready to eat) and water
- Flashlight and batteries
- AM/FM radio
- Medications
- Seasonal clothing
- Blanket
- Cell phone charger
- Pen and notepad
- Personal toiletries
- Small First-Aid kit
- Extra pair of glasses or contacts
- Cash in small bills
- Local map with your family meeting place identified
- Whistle

Seniors should also include the following in their grab-and-go bags:

- A two-week supply of prescription medications. If that's not possible, ensure a copy of the prescription, with the recommended dosage and prescribing doctor, is included
- A whistle or personal alarm to call for help

- Written instructions for special medical or mobility equipment in case members of your support network aren't immediately available
- Extra eye glasses, hearing aids and hearing aid batteries
- Spare footwear with any special orthotics

Residents can receive emergency notifications from the City of Vernon by subscribing at [www.vernon.ca/subscribe](http://www.vernon.ca/subscribe).

For more emergency preparation tips, please visit [www2.gov.bc.ca/gov/content/safety/emergency-preparedness-response-recovery/preparedbc](http://www2.gov.bc.ca/gov/content/safety/emergency-preparedness-response-recovery/preparedbc).