

Swan Lake Bike Loop

Route Type: Cycling

Distance: 24 km

Difficulty: Moderate

Access: This route starts at Polson Park, located at the corner of 32nd St and 25th Ave

Following Pleasant Valley Road, this loop takes you around Swan Lake on the east side and back along Old Kamloops Road on the west. It is a beautiful day trip, offering spectacular views. Be cautious along Old Kamloops Road, as it is narrow without a bike shoulder. If you have time, head past the Old Kamloops Road turn-off, following the highway for another 2.5 km and visit the historic O'Keefe Ranch.



Hiking and Biking Routes

- BX Bike Loop
- Bella Vista Bike Loop
- Coldstream Valley Bike Loop
- Commonage / Bench Row Bike Loop
- Middleton Mountain Bike Loop
- Swan Lake Bike Loop
- Suggested Bike Commuter Roads
- ~ Unpaved Hiking and Biking Routes
- ~ Paved Hiking and Biking Routes
- ~ Uphill Routes

Parks / Beaches

- | | |
|---------------------------------|--------------------------------|
| 1 Becker Park | 16 Kekuli Bay |
| 2 BMX Park | 17 Kin Beach |
| 3 BX Community Park | 18 Lakeview Park |
| 4 BX Falls Park / BX Trail Park | 19 Lavington Park |
| 5 BX Ranch Park | 20 MacDonal Park |
| 6 Coldstream Park | 21 Marshall Field |
| 7 Cools Pond | 22 McKergow Meadows |
| 8 Ellison Provincial Park | 23 Mission Hill Park |
| 9 Fintry Provincial Park | 24 N'Kwala Park |
| 10 Girourard Park | 25 Paddlewheel Park |
| 11 Grahame Park | 26 Polson Park |
| 12 Heritage Park | 27 Sawicki Park |
| 13 Jubilee Park | 28 Silver Star Provincial Park |
| 14 Kal Beach | 29 Stenquist Park |
| 15 Kalamalka Provincial Park | 30 Middleton Mountain Park |

Points of Interest

- 1 Allan Brooks Nature Centre
- 2 Bella Vista Farm Market
- 3 Davison Orchards
- 4 O'Keefe Ranch
- 5 Performing Arts Centre
- 6 Planet Bee
- 7 Pleasant Valley Fruit & Garden
- 8 Polson Park Mall
- 9 Swan Lake Nurseryland
- 10 Vernon Museum & Library
- 11 Vernon Recreation Centre
- 12 Village Green Mall