

Coldstream Valley Bike Loop

Route Type: Cycling

Distance: 36.6 km

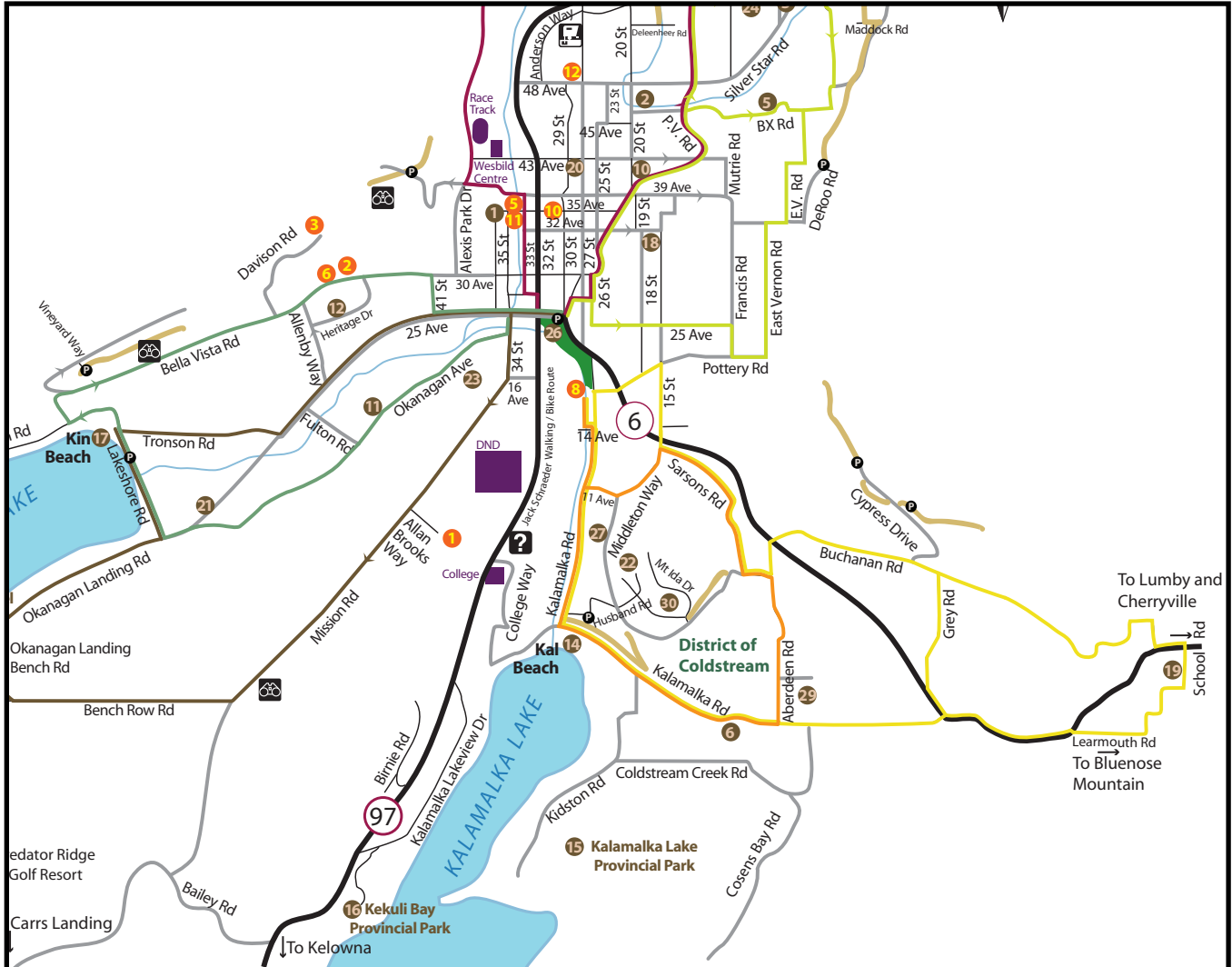
Difficulty: Moderate

Shortcut: 21 km











Access: This route starts at the south end of Polson Park boardwalk, located at the corner of 32nd St and 25th Ave, at 14th Ave.

One of the first areas settled in the region (incorporated in 1906), the community of Coldstream, is located on Highway 6 on the eastern border of Vernon. Starting at Polson Park, this trail heads out along the interpretive boardwalk to the south of the Park and onto 14th Avenue. The trail then heads through the Middleton Mountain area, and into Coldstream Horse country.

A great picnic site along your way is Lavington Park, located on School Road in Lavington. Lavington Park even offers use of a free swimming pool, open and guarded for the summer season. Continue on for about 10 km and you will reach Kalamalka Beach, another worthwhile pit stop. Finally, head back to Polson Park along Kalamalka Road, passing Vernon Golf and Country Club on your way.



Hiking and Biking Routes

-  BX Bike Loop
-  Bella Vista Bike Loop
-  Coldstream Valley Bike Loop
-  Commonage / Bench Row Bike Loop
-  Middleton Mountain Bike Loop
-  Swan Lake Bike Loop
-  Suggested Bike Commuter Roads
-  Unpaved Hiking and Biking Routes
-  Paved Hiking and Biking Routes
-  Uphill Routes

Parks / Beaches

- | | |
|---------------------------------|--------------------------------|
| 1 Becker Park | 16 Kekuli Bay |
| 2 BMX Park | 17 Kin Beach |
| 3 BX Community Park | 18 Lakeview Park |
| 4 BX Falls Park / BX Trail Park | 19 Lavington Park |
| 5 BX Ranch Park | 20 MacDonal Park |
| 6 Coldstream Park | 21 Marshall Field |
| 7 Cools Pond | 22 McKergow Meadows |
| 8 Ellison Provincial Park | 23 Mission Hill Park |
| 9 Fintry Provincial Park | 24 N'Kwala Park |
| 10 Girourard Park | 25 Paddlewheel Park |
| 11 Grahame Park | 26 Polson Park |
| 12 Heritage Park | 27 Sawicki Park |
| 13 Jubilee Park | 28 Silver Star Provincial Park |
| 14 Kal Beach | 29 Stenquist Park |
| 15 Kalamalka Provincial Park | 30 Middleton Mountain Park |

Points of Interest

- 1 Allan Brooks Nature Centre
- 2 Bella Vista Farm Market
- 3 Davison Orchards
- 4 O'Keefe Ranch
- 5 Performing Arts Centre
- 6 Planet Bee
- 7 Pleasant Valley Fruit & Garden
- 8 Polson Park Mall
- 9 Swan Lake Nurseryland
- 10 Vernon Museum & Library
- 11 Vernon Recreation Centre
- 12 Village Green Mall