# TRIPLES VOLLEYBALL RULES & REGULATIONS

#### **PLAYERS:**

- A. 3 players on the court.
- B. Maximum 2 males.

## **GAMES:**

- A. All teams arrive at 6:00pm to put up nets. First matches start once the net is up on your court.
- B. Games and points depend on number of teams in pool (check schedule).
- C. Games to 25 points.
- D. 1 time out per game.
- E. Games will only be cancelled if a full rain downpour or thunder & lighting exist. Games will be rescheduled or season extended.

## **RESULTS:**

- A. Team captains are to report (write down) match scores with Coordinator before leaving court area.
- B. Play offs 2<sup>nd</sup> last night determines placement in pool. Last night playoffs in Pool A & B.
- C. Coordinator will send out new pool placements each week via email.

#### **REFEREES:**

A. Honour system.

#### **RULES:**

- A. The players on the court do not have to position themselves in any particular order.
- B. Team-mates must alternate the serve each time their team earns a sideout. It is the responsibility of the players to know whose turn it is to serve.
- C. Service may take place anywhere along the back line.
- D. The ball may not be contacted more than three times in succession by a team (the block does not count as a contact).
- E. The ball must pass over the net and completely between the posts to remain in play.
- F. The ball may be touched with any part of the body.
- G. Beach digs are permitted.
- H. Players may not contact the top of the net. Players may touch the bottom.
- I. A player may cross under the net when playing the ball if they do not interfere with the opponent's play.
- J. No open hand tipping or setting the ball over the net.

## **CONTACT:**

Volleyball Coordinator: Nancy Agassiz <u>neagassiz@telus.net</u> Recreation Programmer: Tima Coad tcoad@vernon.ca